

Chinmaya Patrika

KEEP SMILING

Issue Apr-June 2020

VOICE OF THE MASTER

In This Issue

Page 2: Covid Warrior

Page 3: Events and Activities

Page 7: Special Features

Page 7: Students enjoying their online classes

Page 8: Lockdown Activities

Page 10: Impressions

Life is spent in meeting challenges. To meet them efficiently is the game. Sometimes you win, sometimes you lose. Meet them we must: there is no choice. If you meet them with courage and faith in yourself, you win; if you neglect to be dynamic and diligent all the time, and sulk, or try to avoid meeting them, they will, with merciless aggressiveness, roll on and crush you in their blind fury.

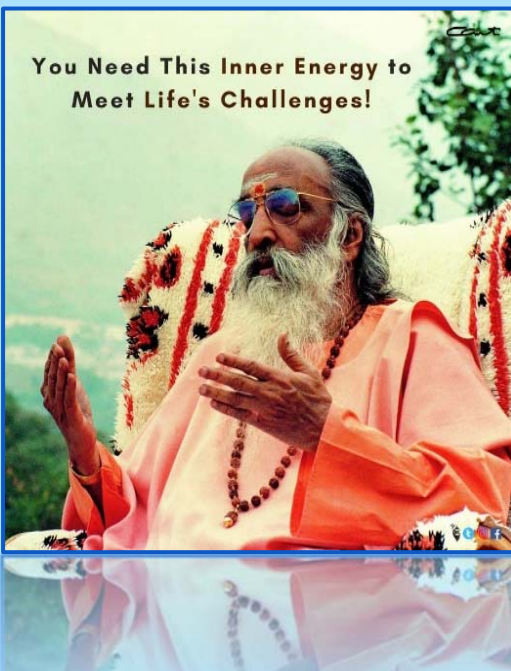


This is the law of life. Meet them we must. You may win here and may lose there. It becomes a sport, exhausting but exhilarating no doubt, and one can enjoy it all if it is taken as a lifelong sport. In order to be on the field of life's sport, you must have a mind full of reserve energy and in-exhaustible inner stamina.

An exhausted and fatigued sick mind gets hit by situations, crushed by problems, and mercilessly tortured by a powerful and tyrannical life. This is not because the outer life has the strength to persecute you, but you are too weak and so allow life to play havoc upon you.

In order to stick to our convictions, we need spiritual energy to nurture and nourish our fatigued morale. This inner energy welling up in a well-integrated personality is called fortitude or forbearance.

You Need This Inner Energy to Meet Life's Challenges!



COVID-19 WARRIORS

We feel very proud and fortunate that **TWO** of our Chinmaya Vidyalaya students had an opportunity to become **COVID-19 Warriors**.

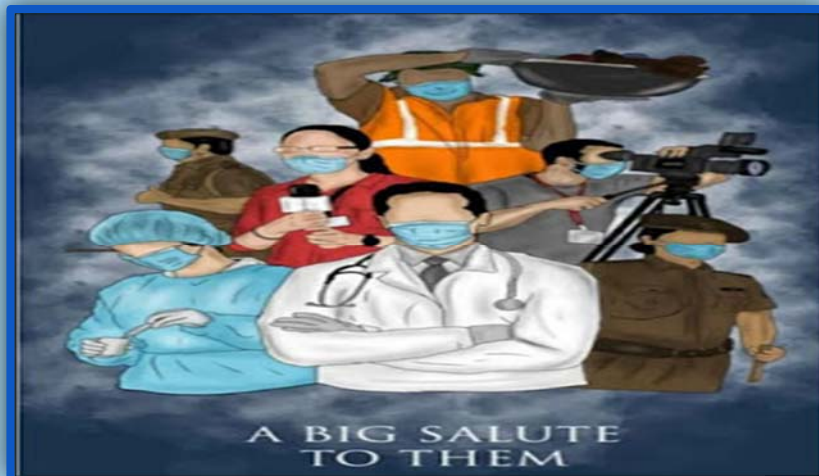
1.Dr.RAJ KUMAR is a student of first batch of Chinmaya Vidyalaya 1993. He passed out in the year 2005.After taking his MBBS degree at Gandhi Medical College for some time he was the Emergency Medicine Resident for Yashoda Hospitals. He is a student Ambassador at ELSEVIER India. Rajkumar is the State Chairperson for Indian Medical Students Association. He is a consultant Emergency Physician at SAFER CARE.



2.Dr. SANJANA was our Vidyalaya student from 2004 -2010. After pursuing M.B.B.S. at Osmania Medical College, she is currently doing her P.G. She is seen giving her helping hand in the ongoing Pandemic situation.



Our life is safe because some lives are at stake.



Painting By Manogna C of VII A

Events and Activities

4th April, 2020(Saturday): Our faculty have successfully learnt the techniques of conducting online classes for students. Trial classes were taken by Class XII Teachers using Zoom App from 26th March,2020 to 4th April, 2020.

6th April,2020(Monday): Online classes through Zoom Platform were conducted from 6th April ,2020 to 25th April ,2020 for XII Standard.

7th April,2020(Tuesday): Trial classes were taken by Class X Teachers using Zoom App from 7th April to 15th April 2020.

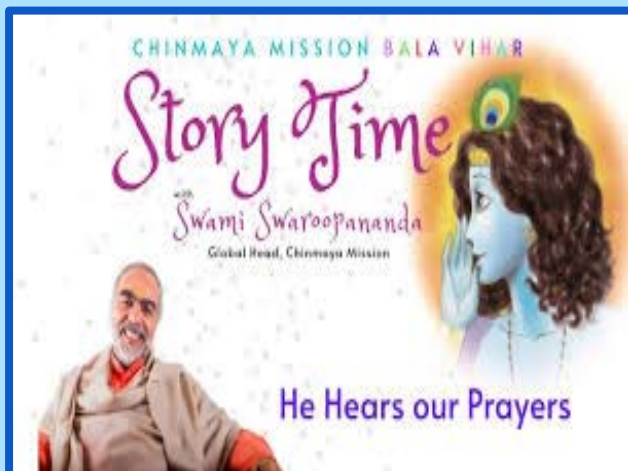
10th April,2020(Friday): During the days of lockdown, to keep our children connected with their regular activities, Pujya Swami Swaroopanandaji has taken out time from his busy schedule for the young ones on You Tube live on Chinmaya channel. He plans to regale them with his favourite childhood stories.

16TH April 2020(Thursday): Online Classes have begun for Class X through Zoom Platform according to the scheduled Time Table till 26th April, 2020.

20TH April 2020(Monday): Microsoft Teams Demo Organized by CCMT. This session was attended by Our Correspondent Mrs. Valli Prasanna, Principal Mrs. Ramalakshmi, Vice - Principal Mrs. Sunitha, Math's H.O.D Mrs. Chitra and Computer's H.O.D Mrs.Sulakshana.



Microsoft Teams Demo



The Vidyalaya Motto "Keep Smiling" reminds us to face all challenges of life with a smile.



Right thinking leads us to Truth-the Truth that sets us free -Swami Tejomayananda.

24TH April (Friday): 'Discover your Language Skills and Discover new Types of Assessments' - a short online course attended by our English teachers. Our Faculty had also written The British Council Examination.



28TH April (Tuesday): Webinar on Introduction to Bar Modelling Method attended by primary and Secondary Teachers.

29TH April (Wednesday): Webinar "Vision 2020-Digital Transformation and Holistic Learning " attended by the Principal Mrs.P. Ramalakshmi.

30TH April (Thursday): International Olympic Committee conducted e-learning online course for Sport Event Management. Our P.E.T Mr. Ramakanth took part in this e-learning online course and attended online exam which



was conducted on May1st,2020 and received a certificate.

1ST May (Friday): Event on Covid-19 conducted for the entire Vidyalaya. Different activities have been assigned to the children from classes I to XII on various events.

15TH May (Friday): Online workshop by CBSE Topic: The Effective Class Room Teaching. B. Vardhani Sreelatha Primary Math's Teacher attended the workshop and learnt how to teach effectively and plan the session within the given duration.

16TH May (Saturday): Microsoft Teams Training Session was planned for all the staff members of Pre-Primary, Primary, Secondary, Non-Scholastic and Admin. They were divided into 3 Teams and the Trainers for this teams were Smt.Sulakshana (Computer HOD), Smt.Chitra (Math's HOD), Smt.Indira (Business Studies Faculty).



Smt. Sulakshana



Mrs. Chitra



Smt. Indira

The primary call of Chinmaya Vidyalaya is Chinmaya Vision Programme (cvp). The tool is priceless and most valuable.

Integrated Development



Indian Culture



Patriotism



Universal Outlook



19TH May (Tuesday): Webinar session organized by Macmillan Education on the topic turning reading into creative writing. 5 Teachers from primary (English Department) attended the Webinar.

29TH MAY 2020 (Friday): The session by Chinmaya Viswavidyapeeth on 'A Strategy for Developing Habits of the Mind' with Devika Nadig & Sri Vijay Gupta was attended by Mrs.P. Ramalakshmi (Principal) and Mrs.RajaSree Samala (English Faculty PRT).

30TH May 2020 (Saturday): Planning Lessons for Virtual Classrooms with Vishaka Venkat was attended by Mrs. Ramalakshmi (Principal) and Mrs.RajaSree Samala (English Faculty).

30TH May 2020 (Saturday): Mrs. Suchitra Dwivedy had attended a National level Webinar entitled "Tech Tools Continuum"

workshop for school librarians organized by School Library Association (India).

18TH June 2020 (Thursday): Webinar for principals was organized by Sampatha Cluster. It was attended by Principal Smt.Ramalakshmi.

21ST June 2020 (Sunday): International Yoga Day was celebrated with verve by all students and staff members with their families. As yoga practice is the noblest medication from time immemorial, this particular year celebration is marked with greater joy as small children and their well-wishers did the Yoga exercises under the same one roof.



The Chinmaya Vidyalayas (CVs) are Gurudev's invaluable gift to society as they give both - secular and spiritual knowledge. The schools have a special flavour. These are Schools with a Difference (SWAD) because they have a unique and holistic vision which is integral part of our curriculum.

Learn to speak softly, always words of love and affection, then friends multiply. Be like a flower -Give happiness and fragrances to all.- Swami Chinmayananda.

22ND June 2020 (Monday): A free online refresher program Conducted by: QCFI-Hyderabad. Our Chairman Sri. Dr.Y. Manohar Garu was the speaker. He spoke on the Topic: Positive Attitude - A sure way to success. It was attended by Our Correspondent Mrs. Valli Prasanna, Principal Mrs. Ramalakshmi along with 35 more participants. The main agenda of the programme was how to develop positive attitude and how to handle failures.

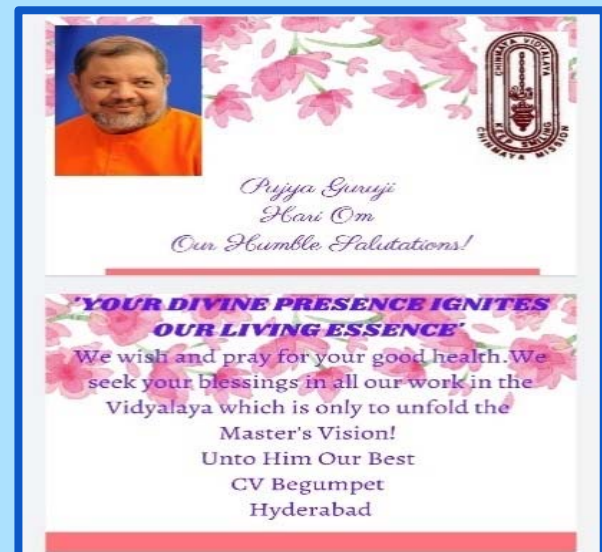
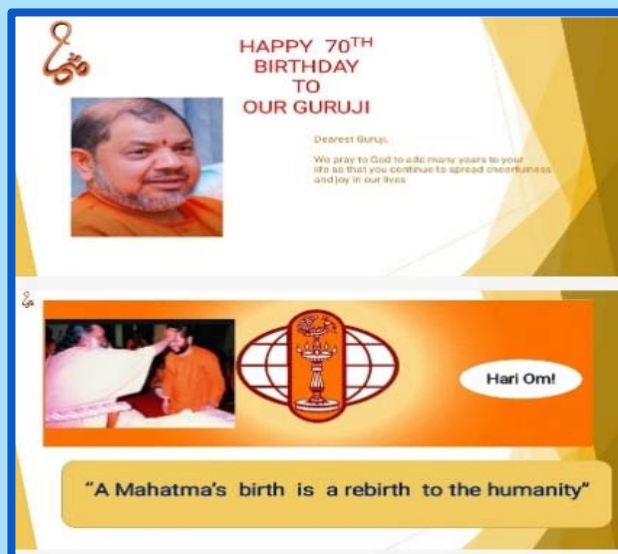
24TH June 2020 (Wednesday): Science and Commerce stream had their orientation program on 24th and 25th June, 2020. The unique features of this Vidyalaya was presented by authorities along with our CVP concepts through Microsoft Teams. The newly admitted students introduced themselves and highlighted their strengths and interests during this orientation program.

25TH June 2020 (Thursday): Virtual Classes commenced for class XI-Commerce students.

29TH June 2020 (Sunday): Our students took part in Science based Experiment/Demonstration (Masti Se) video making in Masti Se Mastishk Tak: Lock Down Activity-I of (VVM)2019-20 a joint venture of Vijnana Bharati (VIBHA), Vigyan Prasar, Department of Science and Technology, Govt. of India and NCERT, MHRD, Govt. of India held online from 7th May,2020 to 17th May ,2020. Aarush Hotha of Class VI, Sree Kruti of Class VII received Certificate of Participation and Master G. Suhaas Krishna received Certificate of appreciation.



30TH June 2020 (Monday): Our Pujya Guruji 70th Birthday was celebrated on June 30th. A colourful e-Birthday greeting card was made by our Library faculty Mrs. Suchitra and sent to Pujya Guruji. A PPT on the title “A Mahatma’s Birth is a Rebirth to the Humanity” was made by Mrs. Parvathi Balram and Mrs. Lakshmi Praveena in which all virtual qualities of Guruji were highlighted.



Our present work may be great or small yet, important thing is do it well.- Swami Chinmayananda.

Special features !

The purpose of our Vidyalaya is to offer children a value based and Holistic education which promotes an all-round development of student to mould them for their future. Even during this pandemic hour, chanting of the verses of Bhagwat Geeta are uncompromisingly followed during virtual classes. This year the portion is Chapter 2 (Sankhya Yoga) slokas 1 to 38.

CCMT has given us the syllabus according to the category which is furnished below:

CLASSES	SLOKAS	CATEGORY
LKG & UKG	1 to 8	A
I&II	1 to 8	A
III, IV&V	1 to 15	B
VI, VII & VIII	1 to 25	C
IX, X, XI& XII	1 to 38	D

Check Your Knowledge

1. Who told the first and last sloka of Bhagwad Geeta?
 2. What are the three main Gunas of Bhagwad Geeta?
 3. What are the three main Yogas declared by Bhagwad Geeta?
 4. Who saw the Viswaroopam of the Lord?
- (Answers on page 10)

The students are seemingly enjoying their online classes



Anirudh, XI



Yamini, IX



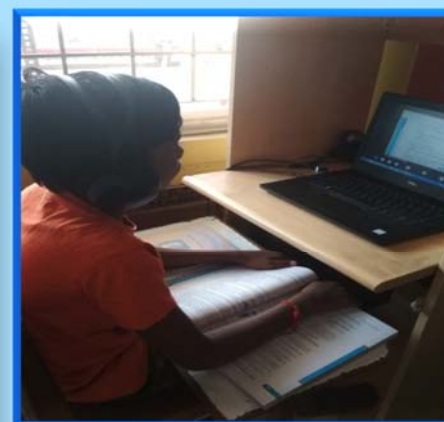
Vidya Saranya, II



Indrani, VII



Yuvraj, VII



Karunakaran, VI

Lockdown Activities

This Pandemic period brought out a high degree of creativity in students and faculty. The student's awareness and commitment were experienced through their art, colouring, Poetry & other articles on precautions over this infection of COVID-19.

Here are a few;

A MANTRA WHICH STUDENTS SHARE WITH THE NEXT GENERATION “STAY HOME STAY SAFE“



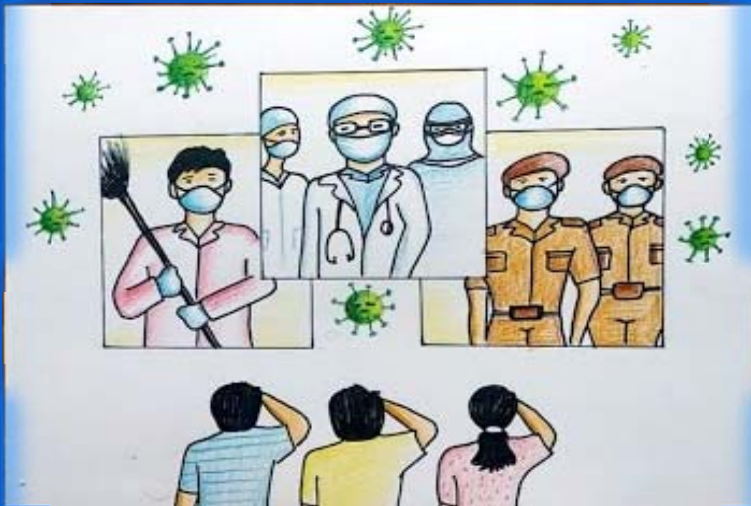
THIS PERIOD OF PANDEMIC AWAKENS ME TO THINK THAT **EVERYONE** IS INTERDEPENDENT



Drawing by Kura Hamsika of VIII C



Iha, VII



Sree Kruti, VII



Iha, VII



Srikar, III



Shreyasri, VI



Hansini K, VI



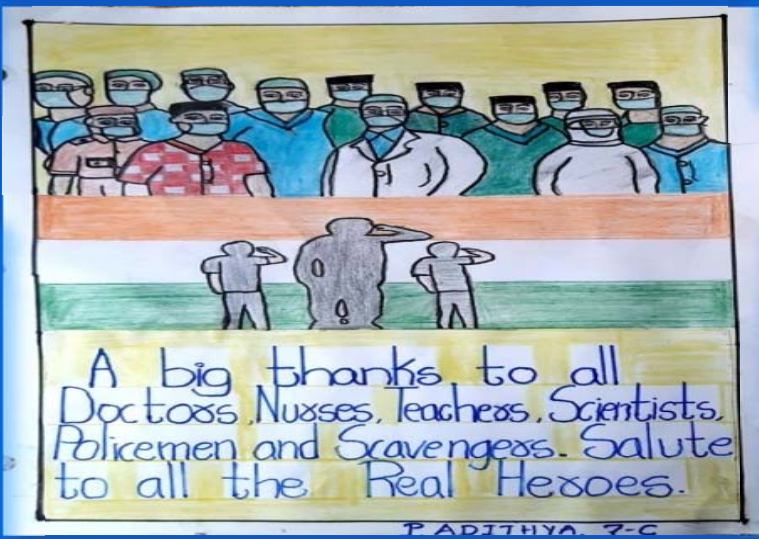
Chinmay, VII



Keval, II



Dhruv Tej, II



P Adithya, VII



Arham, III

Impressions

Education has always adapted to the ever-changing world. In today's grim situation where we all are undergoing through a tough phase in our life due to the Corona Virus pandemic, once again education system has adapted to the situation and this is all possible due to the enormous advancements in the field of technology. Technology has provided the opportunity to education to be taught in online classes. But ensuring the smooth running of the online classes is in the hands of the School's management. When it comes to our school Chinmaya Vidyalaya we have been able to achieve this feat with quite ease. I Nandita Mohanty the parent of Ayush Mohanty and Anushka Mohanty studying in classes 10th and 4th respectively is overwhelmed by the untroubled running of teaching in our school. All credit goes to our beloved teachers who have been putting forth their relentless efforts day and night to achieve this feat. It takes immense patience and focus to teach in an online class. Despite a power cut or a network issue our teachers have been splendid enough to tackle the issue with ease to conduct the class smoothly. Rather saying it Online Classes I experienced it as *School at Home*"Starting with Prayer and ending with Prayer". This indeed proves the statement *School with a difference*. Sincere gratitude to all the teachers in accordance with respected Principal madam, Vice Principal madam and the entire School management. It is only because of their imminent hard work and dedication; we are able to continue education. Hats off to Dear Teachers!!

Check your knowledge
(Answers)

- 1.Dhrutarastra, Sanjay
2. Satvik, Rajasik and Tamasic
3. Jnana Yoga, Bhakti Yoga, Karma Yoga
- 4.Arjuna, Sanjaya, Hanuman, Dhritarashtra.

Editorial committee:

Editor- in-chief: Mrs. Parvathi Balram.
Co-Editor: Mrs Suchitra Dwivedy.
Page-Designed By: Mrs Suchitra Dwivedy.
Hari Om!!